



Niamh O'Regan **R&D Associate** **Scientist (packaging)**



What option subjects did you choose to Leaving Cert?
Biology, Chemistry, Business studies & German.

When did you complete your Leaving Cert?
2015.

Did you have a part-time job after school?
Waitressing in a local hotel.

Did you play sport when you were in school?
Yes, Rugby.

Did you go to college?
Yes, University College Cork.

What college course did you study?
Food Science (BSc).

Share some details about any industry roles you have had in your lifetime.



- R&D Intern, Pepsico during 3rd-year placement 2018.
- R&D Packaging Technician, Pepsico 2019-2021.

Main duties included conducting testing on primary packaging I.e Plastic PET bottles, cans, glass to support the business with sustainability, new innovations & brand stewardship.

What skills you have developed over the years?

Leadership skills, organisational skills, decision making & teamwork.

What is your current role?

R&D Associate Scientist (packaging).

Main duties include:

- Co-ordinating the test schedule for lab analysts
- Reviewing lab data and reporting out results to packaging engineers.
- Implementing new equipment and new testing capabilities in the lab to meet business needs.

Why would you recommend a career in your industry?

It is rewarding to be part of a team that is focused on making impactful changes in qualifying more sustainable packaging whilst ensuring materials are fit for purpose & safe for consumers.

